

## ADRN Hygiene Kit List

All items must fit inside the yellow drawstring backpack so it can be closed. Therefore, select travel sized containers for each item in the kit.

- ☐ Drawstring backpack - empty bag only
- ☐ 1 Ziploc bag - 1 gallon size (put all underlined items inside of this)
  - ☐ Shampoo – personal sized shampoo
  - ☐ Conditioner – personal sized conditioner
  - ☐ Soap – personal sized body soap (liquid or bar soap)
  - ☐ Deodorant
  - ☐ Lotion – personal sized hand / body lotion
- ☐ Toothbrush
- ☐ Toothpaste tube - 2.2 oz to 8.2 oz
- ☐ Razor - disposable shaving razors
- ☐ Towel
- ☐ Hand towel - medium sized terry cloth towel
- ☐ Wash cloth
- ☐ Hair brush - small
- ☐ Wet wipes - antibacterial hand wipes, small container
- ☐ Hand sanitizer – personal sized hand sanitizer
- ☐ Tissue pack - individual tissue pack
- ☐ Ziploc bag - 3 quart size (empty)

A Hygiene Kit Plus includes the above, and:

- ☐ Pillow
- ☐ Blanket
- ☐ Detergent
- ☐ Feminine care or kid's toys