



# ADRN Recommended Survivor Hygiene Kit Content List

**GENERAL SURVIVOR HYGIENE KIT** (Please use a plastic container with a lid so we can easily stack them on pallets for shipping)

- 1 Carry All Bag
- 1 - 2 Gallon Ziploc bag
- 2 - 1 Quart Ziploc bags
- 1 Tissue Pack
- 1 Hand Towel
- 1 Washcloth
- 1 Comb
- 1 Bar of soap
- 1 Deodorant
- 1 Shampoo
- 1 Hair Brush
- 1 Shaving gel
- 1 Razor
- 1 Toothbrush
- 1 Toothpaste (check for expiration date)
- 1 Nail clippers
- 1 Pack of Wet Wipes
- 1 Hand sanitizer
- 1 Lip balm
- 4 Band-Aids
- 2 Gauze pads
- 5 Alcohol Prep wipes
- 1 small tube of antibiotic ointment (check for expiration date)

## Women's Kit Add-ons

- Lotion
- Pack of feminine pads

## Men's Kit Add-ons

- After Shave Lotion

## Kid's Kit Adds-ons

- Kid wipes
- Forehead temperature strip
- Small tooth brush
- Coloring pack
- Activity book