



# ADRN Recommended Survivor Care Kit Content List

## Care Kit Contents

- Towel (if family kit, purchase 4)
- Washcloth (if family kit, purchase 4)
- Soap
- Tissue Pack
- Toothbrush (If family kit, purchase 4)
- Toothpaste
- Deodorant (If family kit, purchase 4)
- Feminine Products (family or female version only)
- Shampoo
- Comb (if family kit, purchase 4)
- Blanket (if family kit, purchase 4)
- Pillow (as many as you can fit in if it is a family kit)
- Wipes
- Baby Bottles/Formula (with baby version only)
- Diapers (with baby version only)
- Baby Food (with baby version only)

*\*\*We want to encourage you to add to your kit a note of encouragement for the family or individual (children write wonderful notes!)*

## How to put a Care Kit together:

1. Determine if you want to build a Family Care Kit, Family Care Kit with Baby, Individual Male Care Kit and/or Individual Female Care Kit. Go shopping!
2. Get a **plastic container** with a lid so we can easily stack them when we ship them
3. Fill the container with listed items above
4. Place a 12" strip of grey duct tape on the top of your container to label (duct tape is preferred). Write with a Sharpie, Family Care Kit or Family with Baby Care Kit, Individual Male Care Kit, or Individual Female Care Kit
5. Drop your donation off at Hope Family Thrift Store, 1122 East 51st Street, Austin, 78723 (Monday-Saturday, 10AM-5PM, Closed on Sunday)