ARE YOU READY FOR A DISASTER?
Prepare Yourself and Your Family

GRAB & GO BAG
What you grab when you have 30 seconds to leave
(Important note: prepare one bag for each family member)

1. Clothes, including undergarments, socks, shoes (2-3 days)

2. Copies of vital documents: Driver license, birth/marriage certificates, passports, social security cards (consider saving these on password-protected USB drive for privacy purposes)

3. Medicines and toiletries (2-3 days)

4. Cash in small bills and coins or travelers checks

5. Emergency contact information (include out of state friends and family, doctors, hospitals, etc.)

6. Cell phone charger, batteries

7. Handheld entertainment or toy (for child)

More at ADRN.org