




---

---

---

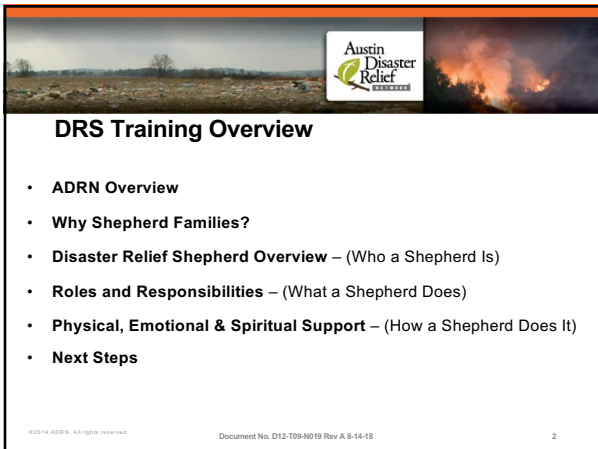
---

---

---

---

---




---

---

---

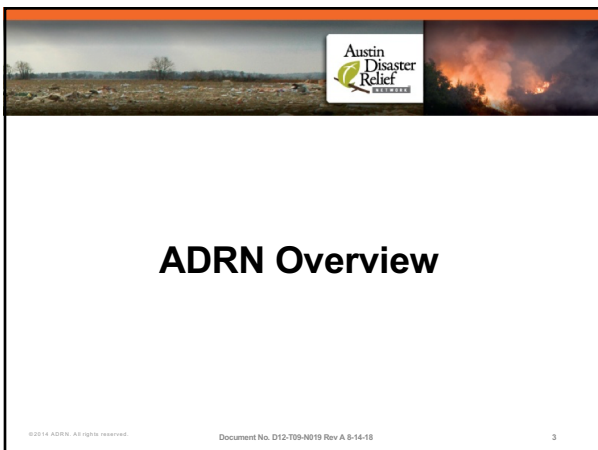
---

---

---

---

---




---

---

---

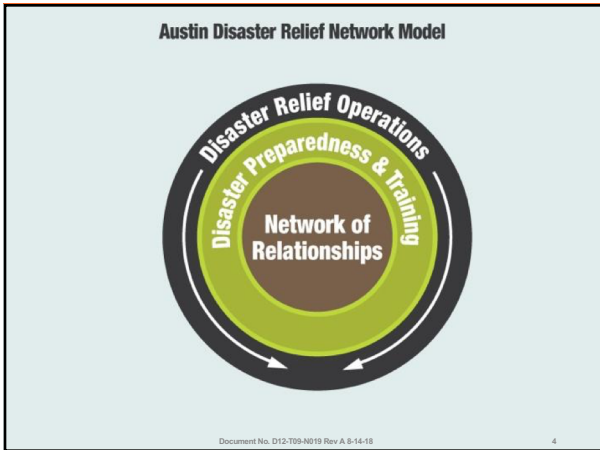
---

---

---

---

---




---

---

---

---

---

---

---

---

**ADRN Goal**

- #1 goal to the City: **sponsor families affected by disaster** by providing short and long-term relief
- #1 goal to the Church: **equip, train and prepare** Christians

©2014 ADRN. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18

---

---

---

---

---

---

---

---




---

---

---

---


---

---

---

---





**Scriptural Basis for ADRN**

- Good Samaritan Parable (Luke 10:25-37) "...But a certain Samaritan, as he journeyed, came where he was. And when he saw him, he had compassion. So he went to him and bandaged his wounds, pouring on oil and wine; and he set him on his own animal, brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, gave them to the innkeeper, and said to him, 'Take care of him; and whatever more you spend, when I come again, I will repay you.' So which of these three do you think was neighbor to him who fell among the thieves? And he said, 'He who showed mercy on him.'" Then Jesus said to him, "Go and do likewise."
- Jesus' Prayer (John 17:21) "...that they all may be one, as You, Father, are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me."

©2014 ADRN. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 7

---

---

---


---

---

---

---

---



**Disaster Relief Shepherd Overview**

(Who a Shepherd Is)

©2014 ADRN. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 8

---

---

---


---

---

---

---

---



**Disaster Relief Shepherd (DRS) Vision**

Every family intimately impacted by local disaster will encounter God and be materially, emotionally and spiritually restored through the support of an equipped DRS from a local church.

©2014 ADRN. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 9

---

---

---

---

---

---

---

---




---

---

---

---

---

---

---

---

**Who a Disaster Relief Shepherd Is**

- Lover of God (a people of His presence)
- Local Church (represent Christ, the Church, ADRN)
- Advocate (Spiritual Caseworker)
  - > Supernatural compassion, love and peace
  - > Calm, peaceful, bringing the presence of God into their life
- Dependent on God
  - > Walk in humility (total dependence on God)
  - > People of prayer (intercessor) & stewards of His promises

©2014 ADRN. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 11

---

---

---

---

---

---

---

---

**Roles & Responsibilities**

**(What a Shepherd Does)**

©2014 ADRN. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 12

---

---

---

---

---

---

---

---



---

---

---


---

---

---

---

---



**Meeting Emotional Needs**

- Call them, visit them, support them, be present with them
- Be a friend and give a listening ear; mourn with those who mourn
- Address concerns & assist with problem resolution
- Provide direction, compassion, love, prayer, and support (within boundaries)

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 14

---

---

---


---

---

---

---

---



**Meeting Spiritual Needs**

- Pray with them; invite God into the center of their need
- Demonstrate the love Jesus Christ has for them; bring His peace into their storm
- Share with them the hope found in knowing Jesus Christ as Lord and Savior

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 15

---

---

---


---

---

---

---

---



**Meeting Physical (Material) Needs**

- Assesses the family's needs and possible solutions
- Provide resources for obtaining food, clothing, shelter, medicine, furniture and transportation
- Assist with obtaining identification, filling out insurance & FEMA claims, etc.
- Organize volunteers to help them with clean up, moving, etc
- Track purchases & donations (Charity Tracker)
- Coordinate with ADNR & Church Leadership

©2014 ADNR. All rights reserved. Document No. D12-T08-N019 Rev A 8-14-18 16

---

---

---


---

---

---

---

---



**Disaster Relief Model for Individual Church**

```

    graph TD
      A[Church Leadership] --> B[Disaster Relief Coordinator (DRC)  
CORE TEAM]
      B --> C[Lead Disaster Relief Shepherd (Lead DRS)]
      C --> D[Disaster Relief Shepherd (DRS)]
  
```

©2014 ADNR. All rights reserved. Document No. D12-T08-N019 Rev A 8-14-18 17

---

---

---

---

---

---

---

---



**Family in Need (FIN)?**



©2014 ADNR. All rights reserved. Document No. D12-T08-N019 Rev A 8-14-18 18

---

---

---

---

---

---

---

---



**Actual Family in Need (FIN)**



©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 19

---

---

---


---

---

---

---

---



**Physical, Emotional & Spiritual Support**

**(How a Shepherd Does It)**

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 20

---

---

---


---

---

---

---

---



**Physical Support**

**Contacting the Survivor**

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 21

---

---

---


---

---

---

---

---



**CTX Flood Survivor Story**  
**(video)**

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 22

---

---

---

---

---

---

---

---



***Process of Sponsoring a Family***

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 23

---

---

---


---

---

---

---

---



**Sample "Family Intake" Form**

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 24

---

---

---


---

---

---

---

---



## Resources

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 25

---

---

---


---

---

---

---

---



### Central Texas VOAD

```

graph TD
    A[Central Texas VOAD] --> B[BR3T]
    A --> C[TARG]
    A --> D[Williamson LTRC]
    A --> E[Bastrop LTRC]
  
```

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 26

---

---

---


---

---

---

---

---



### Charity Tracker

- Online platform to share survivors' information
  1. Other Churches, Red Cross, Long Term Recovery Groups
  2. Free to churches, with unlimited number of users
- Keep track of all financial assistance per family in need
- Bulletin Board: Platform to obtain new resources that are posted and a place to share needs
- Connected with Email

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 27

---

---

---

---

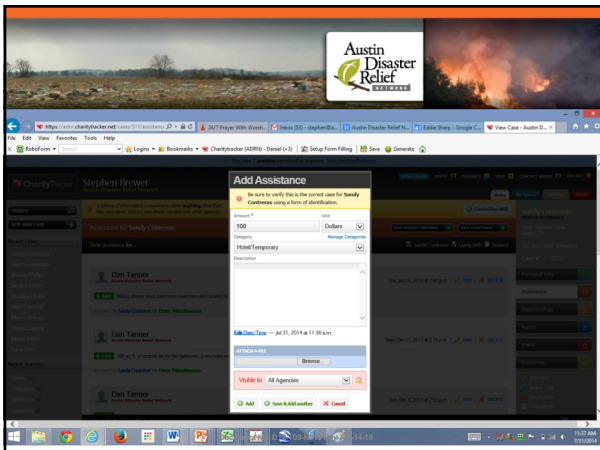
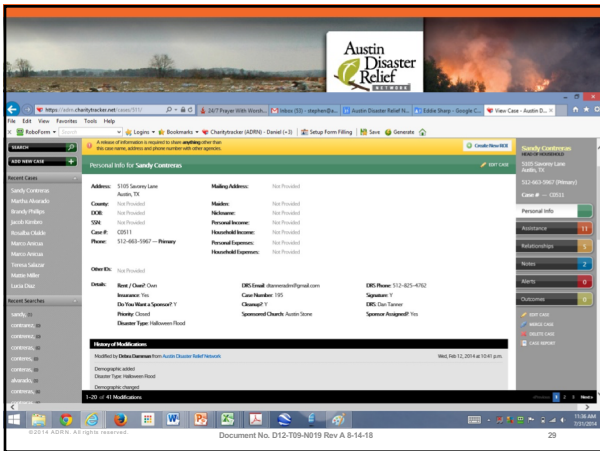
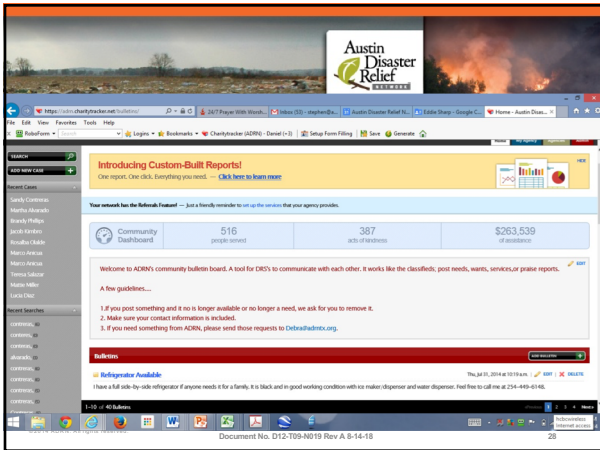
---

---

---

---









---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---

**Guidelines for Financial Assistance  
&  
Financial Aid Request Form**

©2014 ADRN. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 35

---

---

---

---

---

---

---

---

**Order of Meeting Material Needs**

1. FEMA, gov't assistance & other relief agency resources
2. DRS / Sponsoring group
3. Friends/ extended family / network / workplace of those in sponsoring group
4. Sponsoring Church
5. ADRN gift-cards, in-kind/financial donations (ADRN Warehouse) and donations received by your church

©2014 ADRN. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 36

---

---

---


---

---

---

---

---



**Consider utilizing regional resources (Dial 211)**

- National, regional, local emergency management agencies
- Assistance with rent & utilities, housing/homeless
- Assistance with healthcare, nutrition, medical, mental health
- Generic benevolence organizations
- Furniture, clothing, food, hot/prepared meals
- Job placement/coaching
- Battered women shelters, pregnancy services, family support
- Transportation, senior citizens, legal aid
- Veteran services, prison ministry, indigent burials

©2014 ADNR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 37

---

---

---


---

---

---

---

---



**Safety Questions & Expectation**

**Safety Questions**

- Gender guidelines
- Work as a part of a team
- Personal safety – background checks, police reports, neighborhood safety (not provided by ADNR)

**Expectations**

- Contact within 24 hours
- Set clear expectations with family
- Process could be as short as a few weeks or up to 3 or 4 months
- (Do not give ADNR leadership contact info to family in need)

©2014 ADNR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 38

---

---

---

---

---

---

---

---



**Steps to Closing Sponsorship  
&  
Online Form**

©2014 ADNR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 39

---

---

---


---

---

---

---

---



**Take a Break!**

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 40

---

---

---


---

---

---

---

---



**Emotional & Spiritual Support**

**Understanding the Family In Need**

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 41

---

---

---

---

---

---

---

---



©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 42

---

---

---

---


---

---

---

---





**Active / Reflective Listening**

- Reflect content, tone, feelings
- Consider body language
- Ask Open-Ended Questions
- Help them express their thoughts, clarify their thinking, explore possibilities
- *“Be quick to listen and slow to speak” (James 1:19)*

©2014 ADRL. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 46

---

---

---

---

---

---

---

---



**What NOT To Do**

- Try to change or “fix” people
- Monopolize or take over the conversation; it’s not about you!
- Push religion on them (invite them in to relationship)
- Judge them or compare them to yourself
- Rush them out of the conversation to focus on your agenda or next steps



©2014 ADRL. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 47

---

---

---


---

---

---

---


---



**What NOT To Do (continued)**

DON'T imply:

- You know what is best
- They are less capable than you
- You can figure things out better than they can



©2014 ADRL. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 48

---

---

---

---


---

---

---

---





**What TO Do**

- Be partners, your attitude matters!
- Develop relationships; God often works through relationships
- Offer Prayer: Ask “how can I pray for you?” (open door for God to answer and to share the gospel)
- Build them up with your words in an authentic way
- Be as genuine as possible in answering their questions (even if it's “I don't know”)
- Empower the family in their efforts

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 49

---

---

---


---

---

---

---

---



**What TO Do (continued)**

- Ask questions to get them thinking deeper about what you have said or asked (give opportunity for them to share but understand, they may say “no”)
- Help them with important decisions that may be difficult due to the effects of trauma (buying car, where to rent, etc) encouraging them to explore all resources
- Trust the Holy Spirit's leading (this is 90% of ministry!)

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 50

---

---

---


---

---

---

---

---



**What NOT To Say**

- I know how you feel (you don't)
- Time heals all wounds (it doesn't)
- All things work out for good, it will get better someday
- There's always someone worse off than yourself
- At least you didn't lose your family
- This will help your family grow closer

They may say some of these things too!

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 51

---

---

---


---

---

---

---

---



**What TO Say**

- I am so sorry this happened to you
- I cannot imagine how you must feel
- Many people who have gone through this react similarly to what you are experiencing
- If I were in your situation, I would feel very \_\_\_\_\_ too
- How can I help you through this?

©2014 ADRC. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 52

---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---





---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---

Austin  
Disaster  
Relief

**What NOT To Do vs. What To Do**  
**(video)**

©2014 ADRR. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 57

The image shows a video title slide. At the top, there is a banner with a landscape on the left and a fire on the right. In the center of the banner is the Austin Disaster Relief logo. Below the banner, the title "What NOT To Do vs. What To Do" is written in a large, bold, black font, with "(video)" underneath it in a slightly smaller font. At the bottom of the slide, there is small text: "©2014 ADRR. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 57".

---

---

---


---

---

---

---

---



**Role Play Instructions**

- Find a partner
- One will start in the role of survivor and one in the role of shepherd
- Take turns (5 minutes each) to share an emotionally difficult experience
- Listen for content as well as emotion & reflect it back to the person
- Some good ways to reflect could start like this:
  1. "It sounds like..."
  2. "Let me see if I understand you correctly..."
  3. "From what you're saying, I get the idea that..."
  4. "I think what you're telling me is..."
  5. "If I understand the situation correctly..."
- After 5 minutes, switch roles (you will be notified)

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 59

---

---

---

---

---


---

---

---

---

---



**Role Play Feedback**

- Take a minute to share with each other
  1. Other possible open-ended questions you could have asked
  2. How did it make you feel to be asked those questions?
  3. What was really helpful
  4. What could be improved
- Share among group
- Pray with one another

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 60

---

---

---

---

---


---

---

---

---

---



**Two types of recipients:**

- Self-sufficient prior to the disaster (majority)
  1. Some people are reluctant to receive help
  2. How do you encourage someone if they refuse your help?
- Dependent prior to the disaster (minority)
  1. Rely on public assistance; may see you as a long-term resource
  2. Requires special care to ensure you are really helping them
  3. Must have clear boundaries & communicate those boundaries

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 60

---

---

---

---

---


---

---

---

---

---



**When Helping Hurts**

- Determine position they were in BEFORE the disaster
- Work WITH people, not for people; it's a mindset
- Determine how they can help themselves

**CAUTION**

- If you fail to continue to provide help, will there be serious negative consequences?
- Restoration is a two-way street
- Determining when to stop helping is not always easy, even for professionals
- Know the Red Flags

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 61

---

---

---


---

---

---

---

---



**Burden vs. Load (know the difference)**

- Burden: Galatians 6:2
- Load: Galatians 6:5
- Exceptions:
  1. Occasionally, some do need help carrying their load (i.e. mental or physical handicaps)
  2. Find a group of people to help you to avoid burn-out

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 62

---

---

---


---

---

---

---

---



**Emotional & Spiritual Support**

**Understanding Yourself**

©2014 ADRR. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 63

---

---

---


---

---

---


---

---



**Boundaries: Know Your DRS Limitations**

- Proverbs 4:33 – Above all else, guard your heart...
- Acknowledge that you don't have all the answers
- Know when to rest
- Be kind to yourself and forgiving of your mistakes in these situations
- Know when you have done all you can
- Know when the situation is out of control
- Know that you cannot do everything and that you should not even try to do some things



©2014 ADRR. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 64

---

---

---


---

---

---

---

---



**Boundaries: Know Your Personal Limitations**

- Know your personal limitations
- Know when YOU need help
- Limits act as an alarm system
- Be able to ask for help
- Know that you do not have to be right all the time
- Know your weaknesses as well as your strengths
- Allow others to correct you
- Be willing to be a leader AND a follower

©2014 ADRR. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 65

---

---

---


---

---

---

---

---



**Make Sure You Are Depending on God**

- Avoid Messiah complex
- Poverty mindset vs. Kingdom mindset (John 6:4-13)
- With God, all things are possible
- Jesus demonstrates who the Father is and His will
- Humility (total dependence on God) vs. Pride (dependence on everything other than God)
- Demonstrate your faith in Christ through prayer
  - » (2 Chron. 20:1-30)

©2014 ADRR. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 66

---

---

---


---

---


---

---

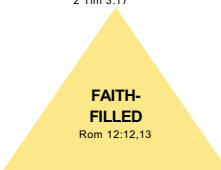
---



### DRS Character



**SKILLED**  
2 Tim 3:17



**FAITH-FILLED**  
Rom 12:12,13

**COMPASSIONATE**  
2 Cor 1:3,4

**TRUSTWORTHY**  
2 Tim 2:15

©2014 ADRL. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 67

---

---

---

---

---


---

---

---

---

---



### Exceptions to Confidentiality Rule

- Physical, sexual or emotional abuse (spouse, child, elderly)
- Suicidal ideation expressed (hotline)
- Law is being broken
- Other issues that leave you feeling “over your head”

Alert your DRS leader, church staff and/or ADRL leadership

©2014 ADRL. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 68

---

---

---

---

---


---

---

---

---

---



## Next Steps

©2014 ADRL. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 69

---

---

---

---

---


---

---

---

---

---



## CTX Flood Shepherd Story

### (video)

©2014 ADRN. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 70

---

---

---


---

---

---

---

---



### Next Steps (tonight)

Fill out DRS Training feedback form

If responding to disaster:

- Sign up to Shepherd a Family
- Obtain family info & resource list
- Obtain additional ADRN resources (Bible, etc)

©2014 ADRN. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 71

---

---

---


---

---

---

---

---



### Next Steps (after tonight)

- Complete background check online (if not completed)
- **Complete additional training required for DRS position**
  - > Orientation & CISM
- Complete additional training recommended for DRS position
  - > Conflict Resolution, Biblical Readiness, Psalm 91, Prayer/Care/Share
  - > Chaplaincy
- Respond when ADRN Deploys
  - > Email, Text and/or Voicemail
- Engage your small group to shepherd with you

©2014 ADRN. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 72

---

---

---


---

---

---

---

---



**DRS Training Requirements**

- ADRN Orientation & Preparedness Training (3hrs)
- Successful completion of a Background Check
- DRS Training (3.5hrs)
- CISM Training (13hrs)
  
- Recommended: All of ADRN spiritual trainings
- (Additional Training Requirements for DRS Lead)

©2014 ADRN. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 73

---

---

---

---

---

---

---

---



**DRS Levels**

- **DRS in Training** – Has not taken CISM training, or fulfilled other requirements
  
- **DRS Level 1** – CISM Trained - No ministry experience/have no experience in walking with families in big crisis. Can be paired up with an experienced DRS, when available.
  
- **DRS Lead** – Has at least one year of ministry experience, walked with two or more families in big crisis situations and willing to mentor a DRS – Level 1 volunteer. Must complete Biblical Readiness, Prayer, Care and Share and Conflict Resolution training.

©2014 ADRN. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 74

---

---

---


---

---

---

---

---



**DRS Opportunities**

- Become a DRS Lead within your church
  - Help organize, recruit and assist other DRSs
  - Assign FINs to your churches DRSs
- Sponsor a FIN within your church (with support)
- Take part in a group that supports the DRS
- Become involved in church Benevolence Ministry (great practice opportunity!)

©2014 ADRN. All rights reserved. Document No. D12-709-N019 Rev A 8-14-18 75

---

---

---


---

---

---

---

---



**DRS Leadership & Support**

ADRN Disaster Relief Project Coordinator

DRS Core Team

©2014 ADRN. All rights reserved. Document No. D12-T09-N019 Rev A 8-14-18 76

---

---

---

---

---

---

---

---



**THANK YOU FOR COMING.**  
**We can accomplish this goal if we all do our part.**

God bless you for your time and heart to do God's work!

[www.adrntx.org](http://www.adrntx.org)

Document No. D12-T09-N019 Rev A 8-14-18 77

---

---

---

---

---

---

---

---